

Well-Being ・ Well-going を考えるワークショップ
November 19, Tuesday, 2024.

WORKSHOP for WELL-BEING and WELL-GOING

: HOSTED BY THE BUDDHIST STUDIES TEAM OF MOONSHOT 9

1:30-2:30 Keynote Speech

Lecturer : Dr. Prof. Meindert Flikkema, Vrije Universiteit Amsterdam

Title: "Well-being of Academic Staff and Students"

「大学教職員と学生のウェルビーイング」

2:30-2:40 Break Time

2:40-3:10 Discussion

3:15-4:00 Second Speech: Dr. Prof. Miho Takahashi, University of Tokyo

Title: Well-being and Resilience

「ウェルビーイングとレジリエンス」

4:00-4:30 Discussion

Lecturers:

Keynote Speech:

Dr. Prof. Meindert Flikkema

Vrije Universiteit Amsterdam アムステルダム自由大学

School of Business and

Economics, Management and Organisation



Second Speech:

Dr. Prof. Miho Takahashi

University of Tokyo 東京大学

Graduate School of Education, Clinical Psychology

大学院教育学研究科総合教育科学専攻臨床心理学講座教授



Venue: Seminar Room, Ito International Research Center, University of Tokyo

Online: Zoom

<https://u-tokyo-ac-jp.zoom.us/j/81647534397?pwd=SiB9tqdDbTHmK9UbZbMDD0hVkeEdnJ.1>

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